

Sr. No.	Month & Year	Event Description
1	February 2025	A "Practical Physiology Workshop on Systemic Examinations" was organised by Department of Kriya Sharira for 1st Professional students for two days on 4th and 5th February, 2025 in which Dr Bharat Chavda, Assistant Professor, Department of Physiology, PDU Medical College-Rajkot have taught the techniques and procedures for Clinical Examinations of various systems
2	January 2025	Department of Panchkarma organised "Ayurved Health Expo 2025" on 4th & 5th Jan. 2025 at Dhanvantari Mandir. In this expo, all students of IV BAMS have been enrolled for their Panchakarma Model Presentation to the general public of Rajkot city.
3	December 2024	A guest lecture was organised by RK University, Ayurvedic College, on "Ayurvedic Wisdom: Transforming lives through Treatments". Speaker's profile-B.A.M.S., Diploma in Yoga(N.D.D.Y.), The lecture was delivered by experts in the field Dr. Abhijith Pillait. Students of all batches attained the programme.
4	October 2024	A guest lecture was organized by Department of Kayachikitsa, RK University, Ayurvedic College and Hospital on "Building The Better You" Understanding Personality and Behavior" focusing on raising awareness about mental well-being. The lecture was delivered by Vaishali Dhakan, The audience comprised faculty members, students from all BAMS batches.
5	Oct 2024	Vaikhari, a National Level PG Thesis Competition, was organized by the Department of Roga Nidana Evam Vikriti Vigyan and Rasashastra Evam Bhaishajya Kalpana at RK University Ayurvedic College & Hospital. The event witnessed participation from over 18 states and union territories, with a total of 56 students
6	September - October 2024	On the occasion of Suicide prevention day 2024, National webposter competition on theme change the narrative conducted by department of Agadtantra & VV. 36 participants from different states of India were participated
7	September 2024	An event Ayurveda Vyaspeeth: Advancing Ayurveda through Knowledge and Service was organised by RK University Ayurvedic College and Hospital in collaboration with Ayurveda Vyaspeeth, Saurashtra branch.. Chief Guest Dr. Hitesh Jani, (Founder of Ayurveda Vyashpeeth organization and Ex principal of Gujarat Ayurveda University, Jamnagar) with Dr. Mehul Joshi, Dr. Vijay Telang. The audience comprised faculty members, students from all BAMS batches.
8	July 2024	RK University, Ayurvedic College organised guest lecture on "From cells to soil: Unveiling the benefits of Naturopathy, Cellular rejuvenation and Mud therapy" lecture delivered by Dr. Trupati Kotak Raja (founder of Manavbaug healthcare clinic, NDDY), Dr. Shivani Kotak (NDDY, Cosmetologist, Psychiatrist and Sujok therapist) and Dr. Vishal Vaghani (Cancer specialist) The audience comprised faculty members, students from all BAMS batches.
9	July 2024	A guest lecture was organised by RK University, Ayurvedic College and delivered by Mr. Vaibhav Puranik, Mrs Aparna Puranik on "A Comprehensive Guide to Financial Literacy", more than 100 students attended the lecture.
10	July 2024	Dept of Swasthavritta & Yoga conducted IEC sessions for staff & students of RKU, Rajkot to create awareness about the water borne and mosquito borne diseases in monsoon. This included role play and exhibition of charts including causes, prevention and management of these diseases.
11	April 2024	On the occasion of World Health Day, Department of Swasthavritta & Yoga conducted "Swasthya Expo" on 09/04/2024 to create awareness about various health promotive measures including Dinacharya, Ritucharya, Ahara and Vega.
12	August 2024	Department of Ayurveda Samhita, Siddhanta and Sanskrit & Dept. of Kayachikitsa organized "CHARAK TATVABODHA 2.0" a Quiz Competition on Charaka Samhita on the occasion of Charaka Jayanti on 9th August 2024 at SOE seminar hall. 13 teams enthusiastically participated and Around 250 students attended this event as an audience.
13	August 2024	On the auspicious occasion of Charaka Jayanti "Charaka Tatvabodha" a National Level e-Poster Presentation Competition was jointly organised by the Department of Samhita Siddhanta and Kayachikitsa. UG, PG and PhD scholars from more than 20 Ayurvedic Colleges across India participated.
14	June 2024	Department of Rachana Sharir has organized "Punar nirmana" a National level model making competition on the occasion of World Environment Day 5th June 2024. Total number of participants were 37 groups from different states of India participated

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15	May 2024	On the occasion of 3rd Anniversary of Aahara Kranti, Department of Swasthavritta & Yoga in association with Global Indian Scientists and Technocrafts Forum organized Guest Lectures and competitions for the students. Guest lecture on Concept of Aahara Kranti was delivered by Dr Sagar Bhide, Assistant Professor, Dept of Kaumarabhrutya, ITRA, Jamnagar. Guest lecture on "Ayurveda Dietetics for Health & Healing" was delivered by Dr Smitha A V, Prof & HOD Swasthavritta & Yoga, PNNM
16	May 2024	A Guest Lecture was organized by SSIP, ACH, Dr. Vishal Doshi (Head Industry Institute Interaction Cell, Head of Incubation Cell (KSPCFE) & Associate Professor) had delivered the lecture on Sensitization on SSIP , more than 270 Students and all staffs of ACH actively participated.
17	February 2024	A Guest Lecture was organized by Research Committee, ACH, Dr. Vishal Doshi, delivered the guest lecture on the Student Startup and Innovation Policy (SSIP) More than 100 students actively attended the sessions.
18	January 2024	A Guest Lecture was organized by Department of Panchkarma, RK University Ayurvedic College & Hospital. Prof. Dr. P. C. Tiwari delivered the guest lecture on "Biodiversity and climate Changes " . More than 300 students actively attended the sessions.
19	December 2023	"Shastra Lekhan" , a national level essay writing competition conducted by the Department of Rasasastra and Bhaishajya Kalpana and Roga Nidana and Vikriti Vijnana on Ayurvedic topics. 89 participants took part in the event from 14 different states of India and the winners were awarded with cash prize.
20	December 2023	"Aakruti -2023" A National Level Diagram Drawing Competition conducted by the Department of Rachana Sharir, RK University Ayurvedic College and Hospital. 141 students from different Ayurveda and homeopathy colleges across India participated.
21	October 2023	A Guest Lecture was organized by Department of Kayachikitsa, RK University Ayurvedic College & Hospital. Dr Foram Lalcheta delivered the guest lecture on "Menstrual irregularities " . More than 100 students actively attended the sessions.
22	September 2023	On the occasion of National Nutrition week on 22/09/2023, the Department of Swasthavritta and Yoga, RKU-ACH conducted a cooking competition with the title "Iron Spoon" . 6 teams participated and cash prize given for the winners.
23	September 2023	A Guest Lecture was organized under the aegis of Ayushamrit Club (SOAC). Dr Tushar Bhatti MD, DM Cardiology (Sterling Hospital, Rajkot) delivered his lecture on "Interpretation of ECG in the cardiac problems" . More than 200 students actively attended the session
24	August 2023	A Model making / Creative Art Competition was also held for the Students of RKU ACH. Jointly organised by the Department of Samhita Siddhanta and Kayachikitsa to celebrate the auspicious occasion of Charaka Jayanti "CHARAKA TATVABODHA" .
25	August 2023	A National Level e-Poster Presentation Competition was held in association with the event wherein UG, PG and PhD scholars from more than 20 Ayurvedic Colleges across India, including National Universities, participated. Jointly organised by the Department of Samhita Siddhanta and Kayachikitsa to celebrate the auspicious occasion of Charaka Jayanti "CHARAKA TATVABODHA" .
26	August 2023	Guest lecture by Dr B.M Srivatsa sir (HOD, Govt. Ayurveda Medical College Mysuru, Karnataka) on the topic " Manasa Roga Chikitsa W.S.R to Charaka Samhita" on "CHARAKA TATVABODHA" jointly organised by the Department of Samhita Siddhanta and Kayachikitsa to celebrate the auspicious occasion of Charaka Jayanti on 21st August 2023.
27	August 2023	On the Occasion of World Breastfeeding week, an awareness program was conducted by the Department of Swasthavritta and Yoga, RKU-ACH on 02/08/2023 at Sardhar Arogya Kendra (PHC). Talks on Brief introduction about importance of breastfeeding, awareness regarding breast feeding for pregnant women & lactating mothers, practical demonstration of nutritional recipes , Around 30 Pregnant women & lactating mothers got benefited from the program .
28	July 2023	Health awareness camp conducted on 25/07/2023 at AILT Academy, Rajkot by the Department of Swasthavritta and Yoga. Around 100 students got the benefit.

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29	June 2023	On National Yoga Day the Department of Swasthavritta and Yoga, RKU-ACH celebrated with various events Conducting Yoga Protocol, Video blogging competition, Yoga Dance, Flash Mob with an intention of public awareness on yoga.
30	February 2023	A Menstrual Health Awareness Program was organized under the aegis of Ayushamrit Club (SOAC). Dr Deepty Nair delivered her lecture on "Diet and Lifestyle for Reproductive Health" . Dr Trupti Danidhariya delivered her lecture on "Menstrual Hygiene & Menstrual Disorders" . More than 150 female students actively attended the sessions.
31	January 2023	A Guest Lecture was organized by Department of Kayachikitsa, RK University Ayurvedic College & Hospital. Dr Devang Tank delivered the guest lecture on "Doctor Patient Relationship & Medical Ethics" . More than 100 students actively attended the sessions.
32	November 2022	A Guest Lecture was organized by RK University Ayurvedic College & Hospital in accordance with the program 'Heal by India' given by NCISM, Ministry of Ayush, Govt. of India. Dr Dharita Patel delivered the guest lecture in online mode on "Overview on Ayurvedic Medical Practice in Australia" . More than 100 students actively attended the event.
33	March 2022	A webinar was organized by Department of Rasashastra & Bhaishajya Kalpana, RK University Ayurvedic College & Hospital. Dr Sumedh Paikrao delivered his speech on "Initiatives of Ministry of Ayush for Covid19 Prophylaxis & Management of Covid19 through Ayurveda Interventions" . More than 100 students actively attended the webinar.
34	February 2022	A Two days Workshop was organized by Department of Kriya Sharir, RK University Ayurvedic College & Hospital. Dr Bharat Chavada conducted the workshop on "Systemic Examinations" . More than 50 students actively participated in the workshop.
35	February 2022	A Guest Lecture was organized by Department of Kayachikitsa, RK University Ayurvedic College & Hospital. Dr Bharat Chavada delivered the guest lecture on "Endocrine Disorders and Management of Emergency Conditions" . More than 100 students actively attended the sessions.
36	January 2022	A Guest Lecture was organized by Department of Panchakarma, RK University Ayurvedic College & Hospital. Dr Lomash Adhiya delivered the guest lecture on "Clinical Experience of Ayurveda Practice" . More than 150 students actively attended the sessions.
37	October 2021	Two Guest Lectures were organized by Department of Samhita, Siddhant & Sanskrit, RK University Ayurvedic College & Hospital. Dr Gayatri Deshpande delivered the guest lectures on "Importance and practical application of Padarth Vigyan" and "Pathyapatya Kalpana and practical application of Samhita in clinic." . More than 100 students actively attended the sessions.
38	October 2021	Two Guest Lectures were organized by Department of Kayachikitsa, RK University Ayurvedic College & Hospital. Dr U. D. Raval delivered the guest lectures on "Hyperthyroidism & Hypothyroidism : Their Complications & Management" and "Diabetes Mellitus : Its Complications & Management" . More than 150 students actively attended both the sessions.
39	October 2021	Two Guest Lectures were organized by Department of Kayachikitsa, RK University Ayurvedic College & Hospital. Dr Hitesh Vyas delivered the guest lectures on "Application of Samhita in Clinical Practice" and "Ajeerna Vichaara" . More than 150 students actively attended both the sessions.
40	September 2021	Two Guest Lectures were jointly organized by Department of Kayachikitsa and Department of Prasooti Tantra & Stree Roga, RK University Ayurvedic College & Hospital. Dr Amit Tanna delivered the guest lectures on "Agni : Soul Principle of Ayurveda Clinical Practice" and "Garbha Sambhava Saamagri w.s.r. to Infertility" . More than 150 students actively attended both the sessions.
41	September 2021	Two Guest Lectures were organized by Department of Panchakarma, RK University Ayurvedic College & Hospital. Dr Bhushan Bairagi delivered the guest lectures on "Keralian Techniques of Swedana" and "Sadya Panchakarma in Clinical Practice" . More than 150 students actively attended both the sessions.
42	August 2021	A Guest Lecture was organized by Department of Prasooti Tantra & Stree Roga, RK University Ayurvedic College & Hospital. Dr Pratiksha Desai delivered the guest lecture on "Women Health & Garbha Samskaara through Ayurveda" . More than 100 students actively attended the session.

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43	June 2021	A Guest Lecture was organized by Department of Agadatantra, Vidhi Vaidyaka & Vyavhar Ayurved, RK University Ayurvedic College & Hospital. Dr Chirag Gajera delivered the guest lecture on " Mechanical Injury ". More than 50 students actively attended the session.
44	May 2021	A Motivational Speech regarding " Covid19 Duty for BAMS Students " was organized by RK University Ayurvedic College & Hospital via Live Session on Google Meet. More than 100 students actively attended the session.
45	September 2020	Four days National Webinar Series named " Poshana-Amrutam " was organized by RK University Ayurvedic College & Hospital via Live Streaming on YouTube. More than 2000 people registered to attend the Webinar Series.
46	August 2020	A Webinar named " Importance of Breastfeeding during Motherhood " was orgazined by RK University Ayurvedic College & Hospital via Live Streaming on YouTube. More than 400 people registered to attend the Webinar.
47	May 2020	A Webinar named " Aushadhikarana - A Tool For Ayurvedic Clinical Practice " was orgazined by RK University Ayurvedic College & Hospital via Live Streaming on YouTube. More than 350 people registered to attend the Webinar.
48	May 2020	Three days Webinar Series named " A Step Towards Healthy Life Through Ayurveda " was organized by RK University Ayurvedic College & Hospital via Live Streaming on YouTube. More than 550 people registered to attend the Webinar Series.
49	April 2020	A Guest Lecture was organized by Department of Rasashastra & Bhaishajya Kalpana, RK University Ayurvedic College & Hospital. Vaidya Parth Kale delivered the guest lecture on " Kupipakva Rasayana ". More than 50 students actively attended the session.